

Five- or six-day interprofessional course in theory and practice on the assessment and treatment of the oral tract and face in patients with central lesions, including neurogenic dysphagia. In this course the basic knowledge of the F.O.T.T.<sup>®</sup> concept by Kay Coombes is taught. It includes an e-learning module.

## Target group

Physiotherapists, occupational therapists, speech and language therapists, examined nurses/carers and doctors

## Eligibility requirements

- Completed professional training in one of the above-mentioned medical professions.
- Work with patients suffering from neurological disorders of the facial-oral tract (e.g., problems with swallowing, food intake, facial movements, oral care, breathing and voice).
- Basic skills in handling, transferring and positioning patients with typical neurological movement impairments.
  - > A Bobath course or an introduction to the Bobath concept is helpful but not a prerequisite.

## Course leaders/number of participants

2 F.O.T.T.<sup>®</sup> Instructors with a maximum of 18 participants or 1 F.O.T.T.<sup>®</sup> Instructor with a maximum of 12 participants

## Course Objectives

- Develop an understanding of the relationship between posture and movement and facial-oral functions.
- Apply principles, methods and techniques in the examination and treatment of patients and modify them according to their needs.

## Course content

- Anatomy and physiology of the facial-oral tract.
- Function and activity-oriented treatment approaches in the context of everyday life for typical sensory-motor impairments of neurogenic cause (e.g., problems with swallowing saliva, food intake, with breathing, as well as voice and facial expression).
- Therapeutic and assisted eating.
- Therapeutic oral hygiene.

## Methods

- Teaching of theory, practical work of the participants with each other supervised by the course instructor, self-experiences.
- Presentation of patients by the course instructor followed by clinical reasoning with the course-group.
- Examination and treatment of patients by the course participants supervised by the course instructor and subsequent video analysis.