A/F.O.T.T.® | Clinical Reasoning

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Facial Oral Tract Therapy

Four-day interprofessional course in theory and practice on the assessment and treatment of the oral tract and face in patients with central lesions, including neurogenic dysphagia, based on the F.O.T.T.® concept by Kay Coombes. Based on the knowledge and skills taught in the F.O.T.T.® Ground Course this F.O.T.T.® Advanced Course focusses on practical "fine-tuning" in theory and practice for those with complex functional and activity-related problems in the facial-oral tract. Furthermore, great importance is given to Clinical Reasoning in the therapy process and how it can be used in a resource-oriented and client-centred way.

Target group
Physiotherapists, occupational therapists, speech and language therapists, examined nurses/carers and doctors

Eligibility requirements
- Completed F.O.T.T.® Ground Course followed by regular work with patients, as well as application of the concept.
- Basic skills in handling, transferring, and positioning patients with typical neurological movement impairments.

Recommendation to repeat the content of the F.O.T.T.® Ground Course
Before participating in the Advanced Course, it is recommended to repeat the basic content of the F.O.T.T.® Ground Course using the course script and/or with help of the e-learning module which has been part of the Ground Course since 2017. Those who have finished their F.O.T.T.® Ground Course before that date can purchase the e-learning module in the web-shop.

Course leaders/number of participants
2 F.O.T.T.® Instructors with a maximum of 12, 14, 16 or 18 participants, whereby the organiser determines the maximum number of participants.

Course Objectives
- Application of the F.O.T.T.® Algorithm in Clinical Reasoning for the examination and treatment of patients with neurogenic problems in the facial-oral tract.
- Set SMART goals and be able to create and follow a treatment plan based on the patient assessment.
- Deepening and expand practical skills in F.O.T.T.® in patient-based workshops.

Course content
- Repetition and update of relevant principles, methods and techniques of the F.O.T.T.® concept.
- Presentation of the F.O.T.T.® Algorithm and application of the algorithm in clinical work with the course patients.
- Video analysis of important sequences and problems in the examination and treatment of patients.
- Deeper understanding of functional relationships, e.g., between swallowing, food intake and respiration.
- Development of practical skills and their application in the examination and treatment of patients.

Methods
- Teaching of theory, practical work of the participants with each other supervised by the course instructor, self-experiences.
- Application of the F.O.T.T.® Algorithm on the patients treated in the course
- Examination and treatment of patients by the course participants supervised by the course instructor and subsequent video analysis.